

# CONNECTIONS GROUP EXETER

<https://www.connectionsgroupexeter.com>

A social network with support for people coping with mental health problems

Registered Charity No: 1176763

## Referral form

Connections aims to reach people with mental health problems who are the most socially isolated and are perhaps not getting benefit from other services.

This form is to be filled in by the person who would like to join the Connections Group. We ask that your care manager or G.P. supports your application & signs the form overleaf.

Information on this form is confidential will only be seen by the Connections facilitator.

After you return the form our facilitator will arrange to meet you for an informal chat, this can be as short as 20 minutes or so & can be in your home, at a cafe or in the Library. This will let you know about typical activities that we do & you can tell us what you are interested in.

Name:

Address:

Tel:  
email address:

D.O.B (optional)  
An emergency Contact (essential)

Why would you like to join Connections?

Are there any things in particular that you would like to do ?

Do you use other Community mental health services? If so which ones ?

Do you have any health problems that the Connections facilitator should be made aware of for your own safety? (eg epilepsy, diabetes, etc)

## Care Manager / G.P

Name:

Job Title:

Contact Address / email:

Tel:

Do you support this application?

In what Ways do you think the applicant might benefit from this resource?

Are there any problems that you can foresee with the applicant joining the activities of the service? (Activities are primarily out & about in the community with a group of people of all ages often involving taking a bus or train, there is only one facilitator )

Connections member pay a 6 monthly fee of £5 but this will not come into effect until you have been attending events for 3 months.

**Signature of Applicant**

**Date**

**Signature of G.P / Care Manager**

**Date**

**Please Return this form to [exeterconnections@gmail.com](mailto:exeterconnections@gmail.com)**

**Or Connections Group Exeter**

**c/o Colab Exeter, Wat Tyler House, King William Street, Exeter EX4 6PD**

If you have any questions please call Connections Group/Alison Tel 07587119356 (10am to 4.30pm )